



## **Natural Health Seminar Scheduled for August 27, 2009**

New York, NY (July 7, 2008) – TheHolisticOption.com, the leading comprehensive resource for alternative and integrative health, today announced that it will host its first annual Natural Health Seminar on Thursday, August 27, 2009 at IBM Palisades in Rockland County, NY, located at 334 Route 9W, Palisades, NY 10964.

Feature presenter, Dr. Edward Group III, DC, DACBN, of Houston, TX, will discuss detoxification and cleansing. Dr. Lauri Grossman, DC, CCH, RSHom(NA), of New York City, will discuss children's health and homeopathy. And Dr. Ann Covalt, LAc, of Nyack, NY, will discuss Oriental Medicine and women's health. All three speakers serve on the Advisory Board of TheHolisticOption.com.

Kelly Campbell, President and Founder of TheHolisticOption.com, said, "There's something for everyone. You'll learn more about holistic health for women & children, green living for your family and your home, and how to incorporate many of these concepts into your own lifestyle."

There will also be a 30 minute Q & A session with the audience, followed by an additional 30 minutes for networking and a book signing by Dr. Edward Group, author of *Health Begins in the Colon* and *The Green Body Cleanse*.

Tickets for the event cost \$15.00 per person in advance or \$20.00 upon entrance. Group discounts are available for reservations of 10 or more, call (845) 353-7771 for more information. Full event details and tickets are available at [www.TheHolisticOption.com/082709](http://www.TheHolisticOption.com/082709).

### **About TheHolisticOption.com**

A health community for the whole you, the mission of TheHolisticOption.com is to increase awareness among consumers about health and wellness from a holistic perspective, which addresses the 'whole person' – body, mind, and spirit – and the root cause or factors of any health condition, not merely the symptoms thereof. Essentially "the WebMD of natural medicine", TheHolisticOption.com allows visitors and community members alike to share their experiences and browse natural remedies, articles, videos, blogs, discussion forums, podcasts and natural products, as well as fully vetted, holistic practitioners throughout the U.S. – for free. To learn more, visit [www.TheHolisticOption.com](http://www.TheHolisticOption.com).

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